



State Resources for Seniors in Idaho

At AssistedLiving, we understand that learning about and accessing the assistance you need isn't easy. We created this guide to help seniors and their families learn about the available financial assistance options for senior living and senior care in your state so you can focus on what matters: finding the right senior care for your loved one. In the following resource guide, learn about the financial assistance options for senior care and senior living in your state, what benefits the different programs offer, who is eligible, and how to apply.

Food Assistance Programs for Seniors

Older adults may have difficulty getting proper nutrition, especially if they're housebound or can't prepare meals easily. Idaho has a variety of programs to help ensure seniors receive enough vitamins, minerals and calories to stay healthy. Nonprofit and government organizations run these programs and provide meals, perishable and non-perishable goods and financial assistance to purchase food.

Meals on Wheels

Meals on Wheels delivers nutritious meals to seniors throughout Idaho. In addition, drivers provide a friendly visit and safety check for each participant. Local providers make delivery decisions to suit the needs and resources of the community, including when and how often it delivers meals.

	Area Served	Address	Phone Number
Caldwell Meals on Wheels	Caldwell Region	1009 Everett Street Caldwell, ID 83605	(208) 454-8142
Lake City Center	Coeur D'Alene Region	1916 N. Lakewood Drive Coeur D'Alene, ID 83814	(208) 667-4628
The Senior Connection	Blaine County	721 3rd Avenue S. Hailey, ID 83333	(208) 788-3468
Idaho Falls Senior Citizens' Community Center	East Idaho	935 E. Lincoln Road Idaho Falls, ID 83401	(208) 522-5391
Metro Meals on Wheels	Ada County	4900 N. Rosepoint Way, Suite B Boise, ID 83713	(208) 321-0031
Saint Alphonsus Health System	Nampa Area	4300 E. Flamingo Avenue Nampa, ID 83687	(208) 205-0292
Southeastern Idaho Community Action Agency	Bannock County	825 E. Bridger Street Pocatello, ID 83201	(208) 232-1114

Food Pantries

Idaho has food pantries throughout the state that provide nutritious food to low-income residents. Two food banks supply goods to these pantries, as well as senior centers, community kitchens and other feeding programs. You can locate local distribution partners through their websites.

	Area Served	Address	Phone Number
2nd Harvest	Boundary, Bonner, Kootenai, Shoshone and Benewah counties	1234 E. Front Avenue Spokane, WA 99202	(509) 534-6678
The Idaho Foodbank	Rest of the state	3630 E. Commercial Court Meridian, ID 83642	(208) 336-9643

Government Assistance Programs

The Idaho government has additional programs to help seniors access healthy food. The government or partnerships with other organizations may run these programs and can provide meals in addition to food recipients can prepare at home.

	Area Served	Address	Phone Number
Supplemental Nutrition Assistance Program	Statewide	P.O. Box 83720 Boise, ID 83720	(877) 456-1233
The Emergency Food Assistance Program	Statewide	1775 W. State Street, Suite 186 Boise, ID 83702	(208) 375-7382
Commodity Supplemental Food Program	Statewide	3630 E. Commercial Court Meridian, ID 83642	(208) 336-9643
Congregate Meals	Statewide	Local Area Agencies on Aging	Local numbers