



State Resources for Seniors in Florida

At AssistedLiving, we understand that learning about and accessing the assistance you need isn't easy. We created this guide to help seniors and their families learn about the available financial assistance options for senior living and senior care in your state so you can focus on what matters: finding the right senior care for your loved one. In the following resource guide, learn about the financial assistance options for senior care and senior living in your state, what benefits the different programs offer, who is eligible, and how to apply.

Food Assistance Programs for Seniors

A well-balanced diet provides the vitamins, minerals and nutrients necessary for health. This is particularly important in later years, as metabolisms slow and digestive problems sometimes appear. Fortunately, older Floridians can rely on a range of organizations dedicated to giving them easy access to the right foods.

Meals on Wheels

Meals on Wheels providers deliver freshly-prepared and nutritionally-balanced meals throughout Florida. Some request donations to help with their costs, but none deny seniors a meal because of their ability to pay.

	Area Served	Address	Phone Number
Meals on Wheels South Florida	South Florida	451 N. State Road 7, Plantation, FL 33317	(954) 731-8770
Meals on Wheels of Tampa	Tampa	5320 North Boulevard, Tampa, FL 33603	(813) 238-8410
Meals on Wheels Pasco	Zephyrhills, Dade City and outlying areas	38145 15th Avenue, Zephyrhills, FL 33542	(813) 782-7859
Meals on Wheels of Sarasota	Sarasota	421 N. Lime Avenue, Sarasota, FL 34237	(941) 336-6693
Seniors First	Orange County	5395 L.B. McLeod Road, Orlando, FL 32811	(407) 292-0177
Aging Matters in Brevard	Brevard County	3600 W. King Street, Cocoa, FL 32926	(321) 639-8770
Meals on Wheels PLUS of Manatee	Manatee County	811 23rd Avenue E., Bradenton, FL 34208	(941) 747-4655
Meals on Wheels, Etc.	Seminole County	2801 S. Financial Court, Sanford, FL 32773	(407) 333-8877

Food Pantries

Food pantries help people at risk of hunger access the basics, such as rice and pasta and some fresh food, when available. They're often operated by nonprofits, although local government agencies also serve some areas.

	Counties Served	Address	Phone Number
Second Harvest of the Big Bend	Calhoun, Franklin, Gadsden, Gulf, Jackson, Jefferson, Leon, Liberty, Madison, Taylor, Wakulla	Contact the provider in your county	Contact the provider in your county
Feeding the Gulf Coast	Bay, Escambia, Holmes, Okaloosa, Santa Rosa, Walton, Washington	Find your nearest pantry	Find your nearest pantry
Florida Gateway Food Bank	Columbia, Hamilton, Suwannee, Union	Visit your closest pantry	Multiple phone numbers
Feeding Northeast Florida	1116 Edgewood Ave N, Units D/E, Jacksonville, FL 32254	Locate your local pantry	(904) 513-1333
Bread of the Mighty Food Bank	Alachua, Dixie, Gilchrist, Lafayette, Levy	P. O. Box 5086, Gainesville, FL 32627	(352) 336-0839
Feeding Tampa Bay	Citrus, Hardee, Hernando, Highlands, Hillsborough, Manatee, Pasco, Pinellas, Polk, Sumter	Contact your nearest pantry	Contact your nearest pantry
Feeding South Florida	Broward, Miami-Dade, Monroe, Palm Beach	Visit your local pantry	Call your local number

Government Assistance Programs

The following assistance programs may provide help if there isn't a pantry or home-delivered meal service in your area.

	Area Served	Address	Phone Number
Supplemental Nutrition Assistance Program	Statewide	P.O. Box 1770, Ocala, FL 34478-1770	(850) 300-4323
Suncap Program	Statewide	P.O. Box 1770, Ocala, FL 34478-1770	(866) 762-2237